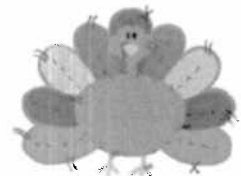


Mercy Hospital Logan County  
Cafeteria Menu  
November 2011



Happy Thanksgiving

Happy Thanksgiving

| Oct 31 - Nov 4             | Nov 7 - 11                  | Nov 14 - 18                     | Nov 21 - 25                       | Nov 28 - Dec 2          |
|----------------------------|-----------------------------|---------------------------------|-----------------------------------|-------------------------|
| <b>Monday</b>              | <b>Monday</b>               | <b>Monday</b>                   | <b>Monday</b>                     | <b>Monday</b>           |
| Chicken Strips             | Butter Beans w/Ham          | Sliced Roast Beef               | Chicken & Sausage Gumbo           | Steak Fingers           |
| Mashed Potatoes & Gravy    | Fried Okra                  | Scalloped Potatoes              | Brown Rice                        | Mashed Potatoes & Gravy |
| California Blend Veggies   | Steamed Cabbage             | Broccoli & Cheese               | Potato Salad                      | Homestyle Green Beans   |
|                            | Cornbread                   | Wheat Roll                      | French Bread                      | Wheat Roll              |
| Yellow Cake/Choc. Frosting | Strawberry Dream Cake       | Hummingbird Cake                | Red Velvet Cupcakes               | Devil's Food Cake       |
| <b>Tuesday</b>             | <b>Tuesday</b>              | <b>Tuesday</b>                  | <b>Tuesday</b>                    | <b>Tuesday</b>          |
| Beef & Broccoli Stir Fry   | Tijuana Chipotle Club       | Oven Baked Chicken              | <i>Employee Luncheon</i>          | Cuban Sandwich          |
| Steamed Rice               | On Ciabatta Bread           | Roasted Red Potatoes            | Roasted Turkey                    | Chips                   |
| Egg Roll                   | Chips                       | Sugar Snap Peas                 | Baked Ham                         | Corn Chowder            |
| Chicken Noodle Soup        | Southwest Black Bean Soup   | Biscuit                         | Cornbread Dressing                |                         |
|                            |                             |                                 | Gravy/Rolls                       |                         |
| Cherry Cobbler             | P'apple Upside Down Cake    | Boston Cream Pie                | *employees bring sides & desserts | Hello Dolly Bars        |
| <b>Wednesday</b>           | <b>Wednesday</b>            | <b>Wednesday</b>                | <b>Wednesday</b>                  | <b>Wednesday</b>        |
| <i>Healthy Eating Day!</i> | Jerk Chicken                | Baked Potato Bar                | Taco Soup                         | Pizza                   |
| Good 4 U Chili             | Sweet Potato Mash           | w/Broccoli & Cheese             | Nacho Salad                       | Side Salad              |
| Sweet Corn Tomalito        | Peppered Green Beans        | Mushrooms, Bacon                | Spanish Rice                      |                         |
| Butternut Squash           | Wheat Roll                  | Chili, Sour Cream, etc.         |                                   |                         |
| Cornbread                  |                             |                                 |                                   |                         |
| Lime Pie                   | Peach Cobbler               | Angel Lush Cake                 | Texas Sheet Cake                  | Lemon Cake              |
| <b>Thursday</b>            | <b>Thursday</b>             | <b>Thursday</b>                 | <b>Thursday</b>                   | <b>Thursday</b>         |
| Cheesy Ham & Potato Bake   | Sausage Pepper Rice Skillet | <i>Great American Smoke Out</i> | Turkey & Dressing                 | Swiss Steak             |
| Brussel Sprouts            | Corn Nuggets                | "Cold Turkey" Sandwich          | Sweet Potatoes                    | Rice Pilaf              |
| Glazed Carrots             | Minestrone Soup             | Chips                           | Green Bean Casserole              | Yellow Squash & Onion   |
| Wheat Roll                 | Garlic Cheddar Biscuit      | Tomato & Basil Bisque           | Wheat Roll                        | Wheat Roll              |
|                            |                             |                                 | Pumpkin Pie                       |                         |
| Pumpkin Crumb Cake         | Glazed Gingerbread          | Strawberry Cream Pie            | Pecan Pie                         | Oreo Cream Dessert      |
| <b>Friday</b>              | <b>Friday</b>               | <b>Friday</b>                   | <b>Friday</b>                     | <b>Friday</b>           |
| Vegetable Lasagna          | Firecracker Salmon          | Hamburgers &                    | Grilled Cheese Sandwich           | "Bedlam" Chicken Wings  |
| Ravioli                    | Brown Rice Pilaf            | French Fries                    | Corn Dog                          | Redstone Potatoes       |
| Italian Blend Veggies      | California Blend Vegetables | Baked Beans                     | Tater Tots                        | Celery & Carrot Stix    |
| Breadstick                 | Tomato Florentine Soup      |                                 | Tomato Soup                       | "Sooner" Soup           |
| Banana Pudding Parfait     | Rice Krispie Treats         | Cookies                         | Brownies                          | "Cowboy" Cookies        |

Menus are subject to change.